

# SOAP Method Worksheet

*Scripture • Observation • Application • Prayer*

*Pick one verse. Sit with it. Let the page hold what you notice. One verse a day is enough.*

**S — Scripture** *Write the verse out by hand. Slowly.*

---

---

---

---

**O — Observation** *What words stand out? What's happening in context?*

---

---

---

---

**A — Application** *How does this meet you today? What does it ask of you?*

---

---

---

---

**P — Prayer** *Write a short prayer in response. One sentence is enough.*

---

---

---